## TamboRhythms 10<sup>th</sup> Anniversary Free Family-Friendly Drum Circle



TamboRhythms is 10 years old this month. Come and celebrate!

The community drum circle is a rhythmic gathering using drums and other hand percussion. Individuals of all ages and abilities with or without previous musical experience are encouraged to attend. The drum circle is not a drum lesson or performance-based class. Participants are invited to come and share their creative "inner rhythm". It is a time for the community, friends, and family to connect, relieve stress, energize the body and mind, and ... have FUN!

## All instruments will be provided

Sunday, 12/16/18, 3:00-4:30 PM at Freedom: A Church For All People, 6416 Grissom Road, 78238. PLEASE NOTE: Photos/video will be taken for educational/business purposes.

Questions?
Contact Jorge Ochoa, OTR
Occupational Therapist
TamboRhythms@yahoo.com
TamboRhythms.com
210-289-7100







