

# Therapeutic Group Drumming Virtual Training

This training provides an overview on how to use drums and percussion therapeutically within occupational therapy practice with youth and adults. No previous musical training/experience required. No expensive instrumentation needed.



## Learning Objectives:

- Participant will learn how group rhythm making addresses occupational therapy practice.
- Participant will learn about the instrumentation /set up used during a group session.
- Participant will learn about cost effective ways to facilitate a session on a limited budget.
- Participant will learn how to facilitate a group rhythm session.
- Participant will learn of occupational therapy-based literature on the use of drumming/music within occupational therapy practice.

## Course

- 1:1 virtual training.
- Pricing \$225
- 4 sessions (30 minutes each session over virtual platform)
  - Each session will be at least 1 week apart to allow individual time to practice.
- Train at your own pace.
- Receive a protocol to follow and adapt as needed.
- Receive at least 2 continuing education hours.
- Additional sessions can be added at \$43.75 per 30 minutes for additional continuing education credit.
- Payment options: Zelle, Paypal, Venmo

*\*It is the participant's responsibility to confirm that this course is approved according to their state's continuing education guidelines.*

Contact to register/more information:  
Phone/Whats App: (+1) 210-289-7100  
E-Mail: TamboRhythms@yahoo.com

## About the instructor:

Jorge Ochoa, OTR/L is an occupational therapist and group drumming facilitator in San Antonio, TX. He is the founder of TamboRhythms (2008), a company dedicated to promoting FUNCTIONAL living through rhythmic expression regardless of age or previous musical experience. He has facilitated sessions with learning centers, schools, universities, seniors, those with special needs, and has provided adult and community education programs. Jorge also leads free family-friendly community drum circles.

Jorge has been published in :

*Drum Circles for Specific Population Groups* (Jessica Kingsley Publishers, 2021)

*Occupational Therapy Groups for Addressing Mental Health Challenges in School-Aged Populations: A Tier 2 Resource* (Slack Incorporated: 1<sup>st</sup> Edition, 2023)

*Music of the drum: Drumming as a holistic OT intervention* (OT Practice by the American Occupational Therapy Association) Volume 28 • Issue 3 • March 2023

Friedman, Z. L., Ochoa, J., y Prisco, D., & Seruya, F. M. (2023). *Connected Rhythm: A Scoping Review of Therapeutic Drumming as an Intervention for Autistic Individuals*. The Open Journal of Occupational Therapy, 11(4), 1-17.  
<https://doi.org/10.15453/2168-6408.2133>

Web : [www.TamboRhythms.com](http://www.TamboRhythms.com)